



NEW PROGRAM FOR ADOLESCENTS

At The Council of Southeast PA, Inc.

Anger Management For Adolescents

Beginning February 2018

Using an evidenced based curriculum from the Substance Abuse and Mental Health Services Administration, participants learn how to:

- ◆ Identify Triggers
- ◆ Identify Irrational Beliefs and Change Them
- ◆ Develop Self-Control
- ◆ Gain Support from Others

The Program is offered in Doylestown and Bristol. Group fee is \$180 for 6 groups held over three weeks. Individual Sessions are also offered. Payment arrangements are available.

To inquire about the program or schedule please call:

215-230-8715 EXT. 3

4459 W. Swamp Road, Doylestown, PA 18902 or
1286 Veteran's Highway, Suite D-6, Bristol, PA 19007

AN AFFILIATE OF THE NATIONAL COUNCIL ON ALCOHOLISM AND DRUG DEPENDENCE, INC.

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