

**Big Brothers Big Sisters of Bucks County
Options Program
Psychological Consultant (PC) Description**

What does this service provide?

- Clinical assessments conducted by a licensed psychologist with client and parent to determine if and what therapy services are clinically appropriate for client.
- PC will write up a clinical report regarding client's background information, presenting symptoms, psychiatric history, diagnostic impressions, and recommendations for treatment.
- The client/parent will be notified by phone and letter regarding treatment recommendations and will be given appropriate referrals.
- Referrals will be provided based on the client's geographical location, health insurance coverage, clinical needs, and preferences.
- With the client/parent's written consent, PC will initiate contact with the referral source and send the therapist the clinical report.
- PC will follow up with the client, parent/guardian, therapist, and Options Case Manager regularly to make sure services are proceeding efficiently and to evaluate the Options Program's services.
- PC also provides bi-monthly trainings for Options Program staff on clinical topics and clinical consultation as needed.

Who should you refer for this service?

- Youth you are already referring to Big Brothers Big Sisters' Options Program who you feel could benefit from therapy services.
- The youth should not currently be receiving therapy services.
- The youth should demonstrate some signs of mental health issues (e.g. depression, anxiety, history of trauma, self-injurious behaviors, drug/alcohol issues).

Contact Information:

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